



newconnections

WELCOME TO

HELPING EX-OFFENDERS REBUILD THEIR LIVES

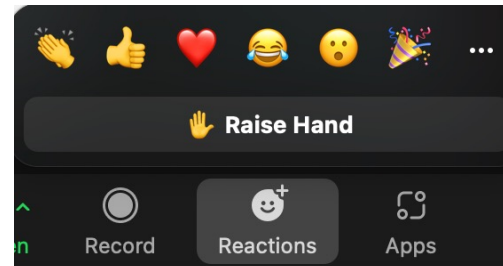
DAY THREE



FIRST SOME REQUESTS:

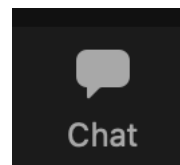
PLEASE MUTE YOUR MICROPHONE WHEN THE PRESENTER IS TALKING

PLEASE USE THE 'RAISE HAND' ICON ON THE MEET IF YOU HAVE ANY QUESTIONS



PLEASE USE THE CHAT FUNCTION FOR ANY QUESTIONS AS WE GO ALONG

CLICK HERE



SCHEDULE

PATHWAYS FROM PRISON TO COMMUNITY

- a. What is on offer
- b. What is needed
- c. Service providers
- d. What is missing
- e. Unlearning the social rules of prison life

11:00 – 11:30

BREAK

11:45 – 12:00

HOW TO SUPPORT RESETTLEMENT IN THE COMMUNITY

- a. Success stories (video)
- b. One on one support
- c. Mentor programmes
- d. What New Connections does
- e. Where councils can help

13:00 – 13:30

9:30 – 11:00

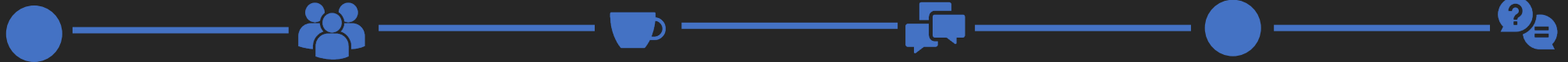
BREAKOUT SESSION

11:30 – 11:45

BREAKOUT DISCUSSION

12:00 – 13:00

FINAL Q&A



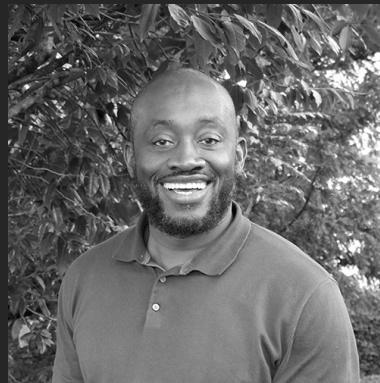


TEAM



EDWARD BAILLIE

Founding Chair



MARKKUS TREW

Director & Consultant



CAROLINE COLE

Consultant



CHRISTINA DEE

Director & Business Development



PATHWAYS FROM PRISON TO COMMUNITY



WHAT IS ON OFFER

- This is different in every area
- No standardisation of support upon release
- Is dependant on the plan set out in prison (this is a strong area of focus for NC)
- Housing, Support Groups, Training, Mentorship etc



WHAT IS NEEDED

ONE-TO-ONE SUPPORT

MEET AT GATE

TRANSPORT TO
ACCOMODATION

PSYCHOLOGICAL
ISSUES

SKILLS TRAINING

ACCOMODATION

NA/AA/CA



SERVICE PROVIDERS



BSDAS

Bristol Specialist Drug
and Alcohol Service



LOCAL GP SERVICES



WHAT IS MISSING?





UNLEARNING THE SOCIAL RULES OF PRISON LIFE

In prison

LONG TIME SERVED IN
PRISON

UNTRUSTING
(ESP OF AUTHORITY)

PROTECTIVE
BEHAVIOIURS

TRUE PERSONALITY
COULD BE HIDDEN

DEFENSIVE

ADOPTED
BEHAVIOURS BECOME
HABITUAL

SURVIVAL
MECHANISM



UNLEARNING THE SOCIAL RULES OF PRISON LIFE

New beginnings

BUILD RAPPORT WITH
SUPPORT WORKER

HELP FIND A NEW
ATTITUDE

PRO-SOCIAL
RECOVERY

TACKLE FEAR OF
CHANGE

SELF-VALUE

ACKNOWLEDGEMENT
OF ANY SUCCESSES

NEW FOCUS



BREAK OUT SESSION THREE:

LET'S DO SOME BLUE SKY THINKING? IF YOU WERE IN CHARGE AND HELD THE BUDGET HOW WOULD YOU DESIGN THE SERVICE?



BREAK: SEE YOU IN 15MINS



BREAK OUT SESSION THREE:

LET'S DO SOME BLUE SKY THINKING? IF YOU WERE IN CHARGE AND HELD THE BUDGET HOW WOULD YOU DESIGN THE SERVICE?



VIDEO THREE - DANIEL

<https://youtu.be/VJ-nMDBHOK8>





VIDEO THREE DISCUSSION - DANIEL



HOW TO SUPPORT RESETTLEMENT IN THE COMMUNITY



ONE ON ONE SUPPORT

Problem: Prison drug and alcohol not linking to community ones, one-one needed to bridge the gap

This is an area that is lacking in general in local authorities

Consultant supports the client currently



MENTOR PROGRAMMES

NC are building at the moment

- Arisen out of a growing cohort of NC clients doing well in their recovery and rehabilitation and wishing to pass on
- Newly referred NC clients - recipients of peer mentoring receive support from someone like themselves who has had a similar or same experience of the CJS and survived to make a meaningful pro-social rewarding life after life.
- Peer mentors are matched to present clients on the basis of shared experience, personality and the matching of the skills of the mentor with the present needs of the client.
- More experienced NC client established in recovery - addresses both the on-going recovery from addiction and the client's experience as a survivor of a life or IPP sentence.
- Client becoming volunteers



“

I am a female life sentenced prisoner and I served a total of 18 years in prison. I have had addiction problems for most of my life. I was made aware of New Connections through my legal representative whilst on my last recall into custody.

I received so much help and support with every aspect of my parole and subsequent release. Ted Baillie (Founding Chair) found an excellent residential rehab that suited my needs, I felt safe in the knowledge that I always had someone I could speak to if I struggled. I'd never had that before and it made release so much easier to cope with. I've been out now for 18 months, I'm doing really well with my recovery, I have my own apartment and I have a job. I have had support from Ted the whole time and have had an opportunity to volunteer for New Connections which helps me support other prisoners who find themselves stuck in the system feeling lost and helpless.

I am so grateful to New Connections for all the help and support.

Thank you,

Danielle



WHAT NEW CONNECTIONS DOES

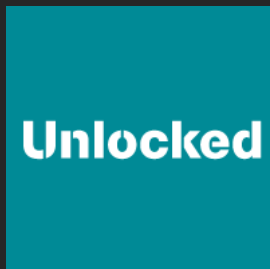
We are building our post release support to include:

- In-prison support and negotiation of a realistic care plan for remaining time in prison, for immediate release and post-release in-prison detox, drug work (abstinence), education, social courses etc.
- day of release meet at the gate by a mentor
- peer mentor for on-going support and encouragement
- accompaniment to immediate appointments with COM
- therapy - referral to free agencies or information how to approach therapy through a GP
- linking in with a community (virtual or in-person) of recovering, pro-social IPPs or
- holistic wellbeing - addressing physical, emotional, mental, psychological and spiritual growth and wellness.
- training as a peer mentor after established in recovery
- eventual - but not too soon - education, training, employment.



WHAT NEW CONNECTIONS DOES

Where we do not have the resources we are looking to partner with organisations such as





WHERE COUNCILS CAN HELP

If you had the budget what would you do?



Q&A



THANK YOU